

Guided by a cloud 12 (Exodus 13:21-22)

I've had one of those weeks where I have been frustrated, annoyed and even angry at what I've seen and heard on the news and in the media. This morning (Friday) I woke up with the line "He is for you" going around my head. The line from the UK blessing song reminded me that I need to trust in God.



Mark 4:35-41

This painting by Rembrandt portrays the story of the storm in the Sea of Galilee. The little ship occupied by Jesus and the Apostles is being hit by a huge wave. The rigging is loose and blowing in the wind, and the disciples are panic-stricken. In the midst of this storm, panic, fear and danger, the disciples had to wake Jesus to tell Him about it. It wasn't because He didn't care or because He was indifferent. It was because He had such trust in God to keep Him safe that He was sleeping right through the storm.

Worship time

[I raise a hallelujah](#)

[The Lord's my shepherd](#)

[Faithful one](#)

Why we should trust in God? Proverbs 3: 5-8 "With all your heart you must trust in the Lord and not your own judgement. Always let him lead you and he will clear the road for you to follow.

1. God is aware. Matt 6:8 "Your father knows what you need before you ask"

Isn't it good to know that we have a God that is omniscient or all knowing? That's the first reason why we should trust Him, because He already knows everything about us. Jeremiah 29:11 - For I know the plans!

2. God is concerned for our well-being 1Peter 5:7 Peter "God cares for you, so turn all your worries over to Him"

Whatever concerns us concerns Him. So whenever we're faced with problems, situations and obstacles that seem insurmountable we can bring them to Him, He can handle them. We may think that we have to sort the problem by ourselves and struggle on with the burden? Paul chastises the Galatians in 3:4-5 by saying believe in what they had seen and experienced of the risen Christ.

3 God is consistent 1 Corinthians 1:9 "God can be trusted, and he chose you to be partners with his son, our Lord Jesus Christ."

This means Jesus is faithful and we can count on him and trust him to do exactly what he says he will do every single time, even if others let us down and are found to be unreliable God will never let us down, we can always rely on Him.

What an amazing promise – and even at times when we lose our trust and faith in him or don't understand why things haven't worked out as planned God remains faithful to us.

4. God is capable Ephesians 3:20 "His power at work in us can do far more than we dare ask or imagine"

I/we need to trust like Jesus did in the boat – he had every confidence that his Father would keep him safe and secure. I pray this will be true for each one us.

"Cast all your anxiety on Him because he cares for you" 1Peter 5:7