

# Guided by a cloud 7 (Exodus 13:21-22)

Some people have been listening to the Spring Harvest 2020 talks on YouTube. The theme this year was 'Unleashed' and the talks focused on the early church as recorded in Acts. I have listened to some of the talks and was particularly taken by the passage below (Acts 4: 42-47) which Archbishop John Sentamu used in the Celebration 5 talk. I was struck by the importance given to breaking bread together, it is mentioned twice in the passage. So I thought we'd break bread 'together' today again. So you might like to get your communion ready and we will start at 10am.

## The Fellowship of the Believers

<sup>42</sup>They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. <sup>43</sup>Everyone was filled with awe at the many wonders and signs performed by the apostles. <sup>44</sup>All the believers were together and had everything in common. <sup>45</sup>They sold property and possessions to give to anyone who had need. <sup>46</sup>Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, <sup>47</sup>praising God and enjoying the favour of all the people. And the Lord added to their number daily those who were being saved.



Worship time – if you are able click choruses below to listen and worship

[Come now is the time to worship](#)

[Jesus I have never seen](#)

### Read Mark 5:21-42

This scripture is a story of two people who need Jesus. Jairus; an important man who leads a synagogue; wants Jesus to touch his daughter and heal her before she dies. The other, an unnamed

woman, wants to secretly touch a piece of Jesus' clothing so that she might be healed of her chronic bleeding. Both find compassion and love when making contact with Jesus.

That's what the Sacrament of Communion is all about: making contact with Jesus. We are here today to touch Jesus and to be touched by him. We do it by faith as we receive the bread which represents the Body of Christ (and the wine which represents the Blood of Christ).

Jesus wants us all to reach out to him, to hold His hand and to know His thoughts. At times we can feel unworthy to be calling Jesus' presence into our lives. Yet, no matter how undeserving we may feel, Jesus always invites us to turn to Him. Sometimes we will feel like all we can do is lie at His feet and reach out to touch the hem of His garment. No matter how low we feel, He will give us the means to rise. He will give us His hand and lift us from our lowly state.

So wherever you are this morning take the bread and maybe imagine Jesus reaching out to you, taking hold of your hand or resting his hand on your shoulder and saying 'Don't be afraid just believe'.

Click the link to listen/worship [I believe in Jesus](#)

I pray that you will have God's peace, Amen